

SBIRT Training

Wednesday, October 8th at 9:00am to 4pm

*William Paterson University, Room 171A/B (map attached)
300 Pompton Road, Wayne NJ 07470*

****Breakfast and lunch will be provided**



Featured Trainer: **Paul Warren, LMSW**

Research Project Director - NYSPI
Senior Staff Trainer & Curriculum Writer - NeC_ATTIC

Credits:

This training is approved for
6 renewal hours: CASAC, CPP, CPS
6 initial hours: CPP, CPS

Learning Objectives:

- Re-conceptualize how we think about substance use and the current state of treatment
- Practice screening and talking with students/patients/clients who use alcohol or other substances
- Practice the core communication skills of MI as they are employed during the SBIRT brief intervention
- Describe the impact of using an MI consistent approach throughout the SBIRT intervention
- Describe the goals and process of brief interventions & brief negotiated interventions (BN/BNi)
- Describe referral to treatment within SBIRT framework

This course is an introduction to SBIRT. SBIRT is an **evidence based intervention** that uses a public health approach to identify, reduce, and prevent problematic at-risk behavior(s), such as alcohol and drug use, within and across behavioral disciplines. As a comprehensive, integrated, public health and preventive approach, SBIRT is used to **identify persons at-risk of medical, emotional and social harms resulting from their current use of alcohol or other substances**, before the onset of dependency and is additionally used to deliver referrals to persons who may qualify for a SUD diagnosis. A deeper look into the evidence based practice of Motivational Interviewing (MI) will follow the SBIRT portion of the training.

Note: This training does not include content on how to make SBIRT a 'billable' service.



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