



CANNABIS USE DURING

Pregnancy



Did You Know?



Tetrahydrocannabinol (THC), the main psychoactive compound in cannabis, crosses the placenta, exposing your baby to its effects.



Cannabis use during pregnancy can harm your baby's brain development.



Women who smoked cannabis within one year of trying to conceive were twice as likely to have infertility because of ovulatory dysfunction.

Risks to Your Baby



LOW BIRTH WEIGHT

Babies are on average 277g lighter if cannabis is used throughout pregnancy.



PRETERM BIRTH

Cannabis increases the risk of preterm labor and delivery.



NEURODEVELOPMENT DELAYS

Long-term issues include memory, attention and behavioral problems.

No Safe Level of Use During Pregnancy or Breastfeeding



Women who use cannabis while pregnant can experience serious pregnancy complications, including:

- Preeclampsia
- Placental abruption
- Increased heart rate
- Gestational diabetes



THC can pass into the breast milk and into the baby's fat cells.

- Cannabis has been detected in breast milk for up 6 days and in some cases even longer.

NEW JERSEY
ADDICTION
HELPLINE

1-844-REACHNJ
reachnj.gov (1-844-732-2465)



MotherToBaby

Expert advice on cannabis and its effects on pregnancy and breastfeeding.
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