

# YOUR VOICE MATTERS START THE CONVERSATION

Talk, They Hear You

1

Emphasize the role of parents, caregivers, or mentors

Stress the value of actively listening to children to support their growth and well-being

2

Communicate your expectations of alcohol use with other parents

Work together to ensure children are where they say they are and are not engaging in unsafe behaviors like underage drinking

3

Secure and monitor the alcohol in your home

Teens can be naturally curious and may explore your liquor cabinet or beer fridge. Stay attentive to any signs such as missing bottles, low levels, or diluted beverages

**i talk**  
they hear you®



**PARENTS WHO  
HOST LOSE  
THE MOST**



Approximately 190,000 emergency department visits each year involve individuals under 21 due to injuries and other conditions related to alcohol consumption

**NATIONAL HELPLINE  
FOR PARENTS  
(1-800-THE-KIDS)**

**Operation Parent**



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